

P.E.A.C.C.E.™

Parenting Extraordinary And Challenging Children Everyday

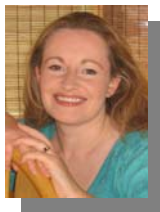


-Parenting a Child with Special Learning Challenges can be Difficult-
Facilitators Cary Terra and Siobhan Wilcox both are moms parenting children with special needs – ADHD, apraxia, & sensory integration issues.

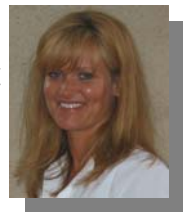
In this workshop they will create a

- Safe and nurturing environment to help guide you,
- Help you exploring the overwhelm,
- Provide techniques that can help you become more centered & balanced,
- Give you practical self-care techniques and stress management tools.

Siobhan Wilcox is a stress management consultant, yoga teacher and holistic therapist specializing in indigo healing. She is the founder of www.KidsYogaNetwork.com a free parenting resource. She loves to create a safe place where her clients can find inspiration & deepen their spirituality.



Cary Terra, MFT is a licensed Marriage and Family Therapist with a private practice in San Diego with over 3,000 clinical hours experience. She is an inspirational speaker and speaks frequently on Autism and Asperger. Her passion is to help guide and facilitate healing in her clients.



Saturday December 13th 9-1pm

Venue: Seaside Center for Spiritual Living, 1613 Lake Dr, Encinitas, 92024

Investment: Early bird \$75 (before Nov 30th), Regular \$95

For more information visit www.KidsYogaNetwork.com Click on PEACCE™

or Phone: Siobhan: 619 995 7001 / Cary: 619 634 3877